

RESIDENTS' ASSOCIATION

POOL AND SAUNA RULES

SUPERVISION AND CONSIDERATION

- All equipment and apparatus will be maintained regularly. Please advise the manager of any equipment malfunction.
- This area is **NOT** supervised. All users **MUST** take all reasonable precautions to prevent any harm or injury occurring to themselves or others.
- All users are to acquaint themselves with the recognised hazards list and their appropriate counter measures to prevent unwanted events occurring.
- Any person under the age of 14 years **MUST** be accompanied by an adult aged 18 years or older who is also a resident. This adult is responsible for their care at all times.
- All users are asked to show consideration to others present at the same time.
- Facilities are open for use between the hours of 6:00am and 9:00pm.
- However, the pool may be closed due to maintenance at any time.
- Please replace the pool cover before leaving the pool area.

USAGE BY RESIDENTS AND NON-RESIDENTS

- A maximum of 4 people per property are allowed in the pool area at one time.
- For numbers greater than this, approval must be given by the manager.
- Non-Residents must always be accompanied by a Resident.
- The security fobs are personalised to each property and must not be given to guests to use.

MAXIMUM UTILISATION NUMBERS

- In the interest of individual comfort and safety: No more than 5 people are to use the pool_and no more than 4 people are to use the sauna at any one time.

SAUNA LIMITATIONS

- Persons under the age of 14 are **<u>NOT</u>** allowed to use this facility.
- This sauna is always operational during open hours. In the interest of health and safety it is highly encouraged that at least 2 persons occupy the sauna at any one time to avoid serious injury.
- This sauna operates at 80 100 degrees. Consider taking regular breaks to avoid injury.

HEALTH AND HYGIENE

- All persons using this facility are asked to shower prior to entering this area.
- Pets are not permitted in this area on **ANY** occasion.
- Persons using these facilities must not be under the influence of drugs or alcohol. If you have a medical condition, please seek the advice of a doctor or specialist before using the pool or sauna.

NAPPIES

- Children who are not toilet trained must wear swim nappies in the pool. These are provided in a marked wall container adjacent to the entrance door.

To report defects or maintenance please phone the Facilities Maintenance Co-ordinator:

027 262 5598



RESIDENTS' ASSOCIATION

POOL AND SAUNA RULES HAZARDS AND COUNTER-MEASURES

SWIMMING POOL

- **<u>NO</u>** running or jumping in or around the pool.
- **Maximum** of 5 people in the pool at any time.
- Do **NOT** enter the pool if you feel unwell or have had any stomach bugs in the last 2 weeks.
- Showers are recommended before and after use of the pool.
- Pool toys are **NOT** permitted with an exception for clean swimming aids.
- Edging tiles slippery when wet.
- Underwater Ledge around pool Perimeter.
- Overall depth of pool is 1.2m.

SAUNA:

- Hot glass entry door. (Please take care when opening or closing the door)
- Open faced heating unit including hot stones.
- (Please take care when moving around the unit and/or applying water for steam)
- Raised lip to sauna floor on entry.
- Tiled floor may become slippery when wet.

GENERAL BEHAVIOUR:

- **NO** running, jumping, pushing, diving, bad behaviour or unruliness is allowed in or around the pool area.
- Visitors to the pool facility must be always accompanied by a resident.

FOOD AND / OR DRINK:

- **NO** food or drink is permitted in or around the pool and sauna areas.
- **NO** glass under any circumstance is allowed in the pool or sauna area.

SWIMMING AIDS:

- Swimming aids may be used.
- **NO** pool toys including boogie boards, balls etc.

PERSONAL TRAINERS:

- Are not permitted

FIRST AID:

- A first aid kit and defibrillator is located on the wall in the foyer.
- Eye wash is located on the wall opposite the bathrooms.

To report defects or maintenance please phone the Facilities Maintenance Co-ordinator:

027 262 5598

In the case of an emergency call 111